



**SASKATCHEWAN
SCIENCE CENTRE**

Real science. Real fun!

Saskatchewan Science Centre Explores Human Limits

(January 21, 2022) – Regina, SK – The Saskatchewan Science Centre opens ***Beyond Human Limits Lite***, a 1,000 sq. ft exhibition that takes visitors inside the minds and bodies of extreme athletes to explore the psychology, physiology, and technology of some of the most dangerous activities in the world.

Featuring 5 distinct zones, ***Beyond Human Limits Lite*** will take visitors on a journey through the mind and body, allowing them to examine the edges of risk and skill, learning what makes extreme athletes pursue the goals that they do. In the process, the visitor will also learn about their own personalities and perhaps, reevaluate what they consider to be risky.

Extreme sports are considered to be activities that involve an inherent element of physical danger and require special technical skills and ability, a high level of physical exertion, and specialized equipment. The exhibition will help dispel myths and stereotypes commonly associated with extreme sports and the people who participate in them.

“We’re excited to bring ***Beyond Human Limits*** to Saskatchewan,” says Sandy Baumgartner, CEO of the Saskatchewan Science Centre. “Through the analogy of extreme sport, Science Centre visitors will learn about themselves, as well as the underlying principles of physics and biomechanics.”

Beyond Human Limits Lite will be at the Saskatchewan Science Centre from January 21st, 2022 until April 25th, 2022 and is included with General Admission.

For More Information Contact

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About the Saskatchewan Science Centre

The Saskatchewan Science Centre is a non-profit, non-governmental educational facility with the mission of igniting scientific curiosity and innovation in Saskatchewan communities through interactive, dynamic and engaging opportunities. Our vision of the future, in fulfilling that mission, is inspired minds through science and innovation. The Science Centre is one of Saskatchewan’s largest family tourist attractions with more than 6 million visitors since its opening in 1989.

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